

Food Group Card - Solomon Islands



Jasmine – short grain rice

Food Group Card - Solomon Islands



White bread

Food Group Card - Solomon Islands

Instant noodles



Food Group Card - Solomon Islands

Sugar cereal



Food Group Card - Solomon Islands



Noodle cup

Food Group Card - Solomon Islands



Cream cracker

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Rice cracker

Food Group Card - Solomon Islands



Sweet biscuit

There is no need to print the following page when printing and using this resource

Health Professional Facilitator Information

You must at all times use your own professional judgement when using this resource

Purpose of resource:

To support the delivery of practical cooking and nutrition education sessions

Key skills:

This resource could be used to support development of the following skills:

- Independently follow a recipe.

Target group:

This resource is designed to be used by Solomon Islanders of all ages.

Notes:

This resource is designed to be printed A3 size and then laminated.

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